

LEMPÄÄLÄ

Tourist guide

Adventures for all!





Lempäälä – something for everyone

History, nature, outdoor activities, relaxing spa treatments, culture, and shopping: Lempäälä has it all!

Lempäälä's story goes back thousands of years, and the area never stops evolving. Among its new, modern buildings a respect for the old still lingers. The revitalised municipal centre reflects this well: one side of the railway is dominated by the 500-year-old grey stone St. Birgit Memorial Church, while on the other side is the modern, new Lempäälä-talo complex with its park and market square.

You can explore the rich history of the area at St Birgit's Church and at the Kuokkala Museum Road. For the real history buffs, a guided tour is the best way to learn all about the nuances of Lempäälä's past and its villages.

Lempäälä's surroundings are quite simply beautiful – Finland at its best. The scenic waters offer outdoor pursuits such as swimming, rapids floating, sailing and boating, paddleboarding and fishing. Whether you're into golfing, horse-riding, bird-watching or hiking, you'll find it impossible not to relax and enjoy Lempäälä's closeness to nature.

The improved Birgitta Trail will entice you to come walking, and the canoeing along the Canal Route around the central islands is something well worth a try.

Lempäälä offers a wide range of places to stay, from a stunning manor hotel to farmhouse accommodation and lakeside cabins. Its restaurants and cafes serve all tastes, so whether you're a fan of chicken wings or prefer gourmet meals, you will not go hungry.

And shopaholics – the enormous Ideapark shopping centre will not disappoint!

Lempäälä is easy to get to.

It's loved by locals and visitors alike.

We already know that you'll leave wanting to return for more...

Welcome to Lempäälä!



EASY TO GET TO

By air: Finavia's website provides information on flights arriving at and departing from Tampere-Pirkkala airport as well as other airport information. www.finavia.fi/en/airports/tampere-pirkkala

By train: Trains that stop at Lempäälä railway station: M commuter trains from the Tampere region, R commuter trains that run between the Helsinki region and Tampere, and some long-distance trains that run between Helsinki and Tampere. www.vr.fi/en

By bus: Check timetables and routes at: Tampere area public transport, otherwise known as Nysse: www.nysse.fi/en
National bus routes: www.matkahuolto.fi/en



Cycling:

www.outdooractive.com/en/
<https://www.bikeland.fi/en/>
<https://pyorailensuomessa.fi/en/>



HISTORY AT EVERY TURN

LIVELY LEMPÄÄLÄ VILLAGES

Lempäälä is made up of several small villages. The municipal centre is the original village of Lempainen, situated between the waters of Lake Pyhäjärvi and Lake Vanajavesi. It is criss-crossed by roads and railways, bridges, streets, apartment blocks, schools and commercial buildings. Except for the church, a stone granary and a few larger wooden buildings, the old building stock is almost gone.

Its location at a crossroads has helped Lempainen grow and develop. Still in the 19th century, the shipping route enabled travel as far as Hämeenlinna and Tampere. The construction of the railway through the village boosted industrial and commercial development. As the municipality developed, administration and services were first centred in the farmhouse buildings. From the mid-20th century onwards, they moved to the school and office buildings constructed by the municipality.

The oldest villages, such as Innilä, Kelho, Kukkola, Kulju, Lastunen and Sotavalta, were huddled around the stately manors. A strip-shaped settlement area developed along the railway line, and workers' housing estates, including Hollo, Kulju and Sääksjärvi, sprang up around the railway stops. After the wars, the land of the manors and large farms was given away or sold for housing for settlers.

The best known of the Lempäälä villages is probably Lastunen, the life of which now largely centers around the school. The beautiful countryside and easy transport connections have attracted young families to the area. Farming is still the main means of livelihood, but small industries and services have also emerged. The village has an active community and has received the "Village of the Year" award.

Nurmi and Säijä are old residential areas that go back as far as the stone age. In addition to horticultural and agricultural farms and rural tourism, the proximity of the Tampere-Pirkkala airport brings new business activity to the area. You can learn more about the history of the area at the Kuokkala Museum Road, which is open during the summer. Lempäälä tourist guides organise village tours and guided excursions for groups on request.



ST. BIRGIT MEMORIAL CHURCH

In the centre of Lempäälä (address: Kirkkopolku 1) stands an imposing, time-honoured landmark, the St. Birgit Memorial Church. It was built at the beginning of the 16th century when Finland was under the rule of Sweden. On the edge of the church square is a belfry, built in 1787. The grey stone church is dedicated to St. Birgit (1303–1373), the only female saint in the Nordic countries, and has been renovated several times. The church holds about 650 people and has a service every Sunday at 10 am in Finnish. In addition to masses and services, it also hosts concerts and events.

Further information: visitlempaala.fi (English site: under Attractions)



THE KUOKKALA MUSEUM ROAD REVEALS THE HISTORY OF FINLAND AND LEMPÄÄLÄ

History enthusiasts will be spoilt for choice on the Kuokkala Museum Road (address: Kuokkalantie 14), which is open during the summer, and is located next to the 1820s Empire-style Hakkari manor, adjacent to a botanical garden. The route's seven museums offer a glimpse into Finland's past through everyday objects from old times and many wartime artefacts.

Special feature: hairdressing and barber museum

The Blacksmith's museum is housed in an authentic workshop built in 1910 and displays tools used and made by four generations of blacksmiths. **The Shop museum** is housed in a building with a façade style dating back to 1925 and merchandise from 1930 to 1950. **The Hairdressing and barber museum** on the Museum road is the only one of its kind in Finland, with special features such as a two-hose hairdryer and electric hair styling machines from 1930 and 1935. **The Cobbler's museum** displays the shoemaker's working space and tools. **Kustaa of Puskema's hut** was built in the 1830s. Kustaa was from a farm called Puskema and made 'tallukkas' – a kind of felt boot for cold and dry weather and were used in the old days. The furniture on display tell the story of the lowly bootmaker's meagre day-to-day life.

Two museums full of war artefacts

The War Veterans' Heritage Chamber reminds us of the highly respected role of war veterans in Finland. Finland, having gained independence from Russia in 1917, fought against the Soviet Union in the Winter War (1939–1940) and the Continuation War (1941–1944), as well as against Germany in the Lapland War (1944–1945). The selection of artefacts and photographs from the war years keeps growing and is on display in the heritage chamber. **The Sakkola Museum** is next to the Museum road and enables visitors to see what the village of Sakkola was like. Sakkola is actually located in the Karelian Isthmus – the area of Finland ceded to the Soviet Union in the 1940 Moscow Peace Treaty that ended the Winter War. Two or three thousand emigrants moved from Sakkola to Lempäälä when the region was ceded, and most of the museum's objects, especially the wartime artefacts, were brought from Sakkola during the evacuation. Sakkola also has an interesting connection to the canon of Finnish literature, Väinö Linna's iconic novel 'The Unknown Soldier' (1954), as two farmers who lived in the village served as the role models for two central characters in the book.

Guided tours

The Museum road is open from May to August. The ticket includes a guided tour of the area, which is also available in English. During the summer, you can also watch live **work demonstrations and concerts**.

Further information: visitlempaala.fi (English site; under Attractions)





FALL IN LOVE WITH NATURE

Nature, exercise and unforgettable adventures

EXPERIENCE LEMPÄÄLÄ BY WATER ON ITS CAPTIVATING CANAL ROUTE

The centre of Lempäälä is located on an island, bordered by the Lempäälä canal in the south and the Kuokkalankoski rapids in the north. The waterways around the centre form a ring route on which you can canoe or SUP-paddle a fascinating ten-kilometre, nine-bridge loop – the **Canal Route**. The route is easily accessible and is suitable for novice excursionists. Local businesses hire out equipment and offer guided tours and excursions and a variety of activities. The **Lempäälä canal** is on the route and is open from the beginning of May to the end of August and runs on a self-service principle. Please check the opening times at vayla.fi (English site: under Transport Network). Travelling along the canal is an unforgettable experience for a first-timer! The route passes under the Valkeakoskentie bridge northwards to Ahtialanjärvi, which is considered the best bird lake in Pirkanmaa and has a bird tower on each shore (address: Valkeakoskentie 19). After the lake, the trail continues to the Hääkivi area and narrows to Herralankoski. Before the Herrala dam area and the Herralankoski rapids, you will see Kruununsaari island on the left, where you can use the **Herralankoski lean-to and campfire site**. These can also be reached by a footbridge from Katepalintie. After the Kuokkalankoski rapids, which go on for almost two kilometres, the route opens out into Lempäälä's Kirkkojärvi lake (part of Pyhäjärvi), and then continues southwards to the canal. In July, an **international canoeing event** takes place on Lempäälä's Canal Route.



Float down the rapids, fish at the lakeshore – or jump on board a ferry!

One exciting way to experience nature is to float down the Kuokkalankoski rapids in a floating suit! You can do this in the summer or even in the winter, using special equipment provided by a local business. Herralankoski is also one of Finland's best-known fishing spots. Many fisheries have carried out restoration projects there. A special white-water rafting training area, equipment rental and a big paddling event are planned for the summer of 2023 in Lempäälä's Hääkivi area. The waterways also offer opportunities to explore further afield, for example, Pirkanmaa and Kanta-Häme: Silverline ferries operate between Tampere, Lempäälä, Visavuori and Hämeenlinna, stopping at the canal in Lempäälä – and also on request at the Myllyranta or Vaihmalan Hovi Manor docks. You can also row or ride a motorboat along Lempäälä's waters.

Pitstops to suit all tastes

There is so much to experience on the Canal Route. You can go ashore and take a break at a campfire site or lean-to and savour the peace of Finnish nature. Or for a livelier break, enjoy some refreshments in a café or restaurant. In the western part of the route you'll find **Café Siiri**, which is accessible by water via a short-stay dock. Shortly after Siiri, the route passes **the Myllyranta Park** where an **ice cream stall** is open in the summer and is a great spot for a leisurely picnic. The park also has a **guest marina** and a **playground**. The **Vaihmalan Hovi Hotel** on the southern part of the route has a restaurant, rooms, a spa and several other services. The **Hääkivi** (Wedding stone) **area** (address: Turuntie 628) in the eastern part of the Canal Route takes its name from some rocks that a wedding party's boat is said to have crashed into long ago, with disastrous consequences. The area has **beach volleyball courts, a pier, and a barbecue area**. You can also get to the Birgitta Trail easily from the Hääkivi area.

Read more:

Hääkivi area: visitlempaala.fi (English site; under Experiences)

Silverline: hopealinjat.fi/en/

Lempäälä Canal: vayla.fi (under: Transport Network)

BIRGITTA TRAIL – 50 KM OF TREKKING TRAILS THROUGH FOREST AND LAKE LANDSCAPES

Lempäälä offers excellent opportunities to enjoy Finland's pure, clean nature easily and safely, while still being right near the centre of town, close to services. The Birgitta Trail is a circular, **maintained and marked trekking route**, which runs through beautiful, changing lake and forest landscapes in the Lempäälä and Tampere areas. The trail has about 50 kilometres of trekking paths and was chosen as **Finland's best trekking route in 2006**. It takes its name from Lempäälä's magnificent landmark, St. Birgit's Church, which is over 500 years old. You can choose where to start and how long a trek to take, and Birgitta's trail offers a wonderful setting for everything from a short walk to a long hike. The route offers a variety of stony or even paths, thick forests or clear-cut areas, grassy expanses or sawdust trails for jogging. Hundreds of metres of duck-boards and dozens of footbridges facilitate trekking in the marshy areas. Along the way, you'll find plenty of places to take a rest: **campfire sites, lean-tos and goahtis** (teepee-like huts with an open fireplace) **for overnight trekkers**, and the forests offer an unforgettable site for campers to pitch their tents. You can walk about in nature quite freely in Finland, which has the world's most extensive 'right to roam', known as 'Everyman's rights' in Finnish. Thanks to these rights, anyone can walk, stay overnight, pick berries and mushrooms, fish with a line and rod and ice-fish (fishing in a hole made in the ice on the frozen water) along the Birgitta Trail – as long as they respect nature and follow the outdoor etiquette.

Finding your way

Pick up a Birgitta Trail map from the **tourist information point** at the **Lempäälä-talo** complex (address: Mantaalitie 15) or from the tourist information stands in Ideapark. You can also order the brochure by post from Visit Lempäälä, matkailu@lempaala.fi, or print one off from the visitlempaala.fi website.

Read more:

Birgitta Trail: visitlempaala.fi (English site: under Nature)

Outdoor etiquette: nationalparks.fi/hikinginfinland/visitorguidelines



WHERE TO STAY

Lempäälä offers a wide range of options when it comes to choosing a place to stay. Sleep in style in a stately manor, relax in a cosy cabin by the lake, or park your caravan in an authentic farmyard.



VAIHMALAN HOVI HOTEL

Vaihmalan Hovi's buildings date back to the early 20th century. Each hotel room has its own distinctive theme. The décor details in the hotel's corridors and restaurant have been restored to respect tradition, and the cultural atmosphere is enriched by unique murals and paintings. Vaihmalan Hovi's buildings are surrounded by extensive gardens, with apple trees and berry bushes, and the terrace provides beautiful vistas of sunsets over the water, of the rural surroundings, and of the greens of Hiisi-Golf and Farmigolf. On the lakeshore is a beach, volleyball court, a sauna, a guest jetty, and a beach for swimming. In the summer, children can enjoy the playground and visit the sheep and minipigs in the courtyard. Beautician's treatments are also available.

The Vaihmalan Boutique offers a variety of high-quality interior design and gardening products as well as clothing for both adults and children by Riviéra Maison, Lexington Company, Mathilde M, Cream Clothing, and Masai Clothing. The Boutique is open every day. Vaihmalan Hovi has its own parking area for touring caravans and motorhomes, and a jetty for guest boats.

Vaihmalantie 144
37500 Lempäälä
Tel. +358 20 7661 810
myynti@vaihmalanhovi.fi
www.vaihmalanhovi.fi



FARMHOUSES, HOSTELS AND HOLIDAY COTTAGES

Laurilan Iomamökit: summer cottages

Cottages for rent all year round beside the forest-covered shore of Pyhäjärvi lake in a quiet, rural setting. Depending on their size, the cottages accommodate 4-10 people.

Vesilahdentie 83, 37500 Lempäälä
Tel. + 358 3 375 0147,
+358 400 834 047
hein@sci.fi

Lempäälä Health Spa

Lempäälä health spa is located by the beautiful shores of Pyhäjärvi lake, right in the centre of Lempäälä. As well as accommodation, the old-fashioned, traditional Spa offers water treatments developed at the beginning of the 20th century, such as Uoti balneotherapy, which is based on changing water temperatures.

The effectiveness of the water treatments are enhanced by a semi-vegetarian diet, and so the Spa's menu focuses on vegetables, along with dairy products, fish and poultry. You may also fast while staying at the spa. Uotintie 10, 37500 Lempäälä
Tel. +358 3 282 3111
k.uoti@lempaalaspa.fi
www.lempaalaspa.fi





Mantereen tila: Mantere farm

Farmhouse accommodation in the traditional Finnish village environment of Perälä on the shores of Vanajavesi lake. You can rent a cottage all year round. An authentic smoke sauna with a fireplace-equipped lounge on the lakeshore is also available to rent. Perälänraitti 39, 37830 Akaa
Tel. +358 40 865 7232 / Niina Mayer
mayer.niina@gmail.com

Mikkolan lomamökit: cottages

Mikkolan lomamökit rents out well-equipped cottages by the shores of Pyhäjärvi lake all year round. The cottages sleep 4-12 people. Vanha Rantatie 25, 37500 Lempäälä
Tel. +358 40 834 6520
info@mikkolanlomamokit.com
www.mikkolanlomamokit.com

Näsärön lomamökit: cottages

Näsärö lomamökit have nine rental cottages with saunas on the peaceful, scenic shores of Pyhäjärvi lake. They sleep four to six people. Two of the cottages are for week-long bookings, but the rest are rented for the whole season. Hiivalahdentie 79, 37500 Lempäälä
Tel. +358 50 590 3122
nasaro@nasaro.fi
www.nasaro.fi

Sotavallan lomamökit: cottages

These cottages on the shores of Mäyhjärvi lake, with varying levels of facilities are suitable for four people. They all have an electric stove and sauna and can be used all year round. The lake by the cottages offers excellent fishing. Sotavallantie 297, 37500 Lempäälä
Tel. +358 40 515 9336
minna.aaltio@gmail.com

Toutosen lomahuvilat – holiday villa

Fully equipped 120m² log cabin villa and smoke sauna in a beautiful, unspoilt location. Perfect for holidays. In 2018, the smoke sauna won the Smoke sauna of the year award. Hiivalahdentie 41-43, 37500 Lempäälä
Tel. +358 50 588 3822
toutosenlomahuvilat@gmail.com
www.toutosenlomahuvilat.fi

Ulasen lomamökit: cottages

Ulasen lomamökit has three log cabins in a peaceful, scenic setting on the shore of Pyhäjärvi lake, which has an abundance of fish. Hahkalantie 53, 37500 Lempäälä
Tel. +358 50 462 3232
info@ulanen.fi
www.ulanen.fi

Villa Nurmenhelmi

A stylish holiday home located by Lake Pyhäjärvi in the village of Nurmi, Lempäälä. This destination is ideal for holidays, wellness days, meetings, or family celebrations. info@villanurmenhelmi.com
tel. +358 45 110 2252
www.villanurmenhelmi.com





WHERE TO EAT

Do you have a sweet tooth or is pizza more your thing? Whatever your tastes, Lempäälä has something for everyone, and you'll certainly not go hungry with its choice of restaurants and cafes.

CAFÉS

Ilona Bakery

Ilona Bakery specialises in gluten-free pastries. It has a shop in Lempäälä, but numerous retailers also sell its products. Please check the opening hours on the website <https://ilonaleipomo.fi>.
Vikinraitti 4, 33880 Lempäälä
Tel. +358 40 543 3909
ilona@ilonaleipomo.fi

Café Siiri

Café Siiri's atmosphere takes you back to olden days. Siiri, which opened in 2016, is famous for its delicious cinnamon rolls and other home-made pastries. The cafe has beautiful views across the shores of Pyhäjärvi lake. Please check the opening hours on Facebook: Kahvila Siiri.
Uotintie 5, 37500 Lempäälä
Tel. +358 50 550 7070,
kahvila.siiri@gmail.com

Confectionery Café Liisan Leipomo

Liisan Leipomo sells delicious pastries from its own bakery, both sweet and savoury. It is best known, however, for its special cakes.
Café and bakery
Kukonkorventie 2
37560 Lempäälä (Kulju),
Tel. +358 10 219 3800
Ideapark: Cafe Delisa
Ideaparkinkatu 4, 37570 Lempäälä
Tel. +358 10 219 3801
asiakaspalvelu@liisanleipomo.fi
www.liisanleipomo.fi

Ståhlberg Home Bakery & Café

Ståhlberg Home Bakery & Café is located in the Ideapark shopping centre and its traditions go back over sixty years. The bakery serves the best barley bread in Finland, among many other delicacies.
Ideaparkinkatu 4, 37570 Lempäälä
Tel. +358 3 3750 320
www.bakery.fi

Tampereen Jäätelötehdas - ice cream factory

The ice cream factory's café and shops are located in Sääksjärvi. Its master ice-cream maker makes Italian-style artisan ice creams, using only authentic, mainly Finnish ingredients, such as berries and fruits, and no artificial flavours, colours, or fillers. It sells both small and large packages to take home, but you can also enjoy our ice cream on site. Come to the factory store café for a wonderful treat!
Please check our opening hours on Facebook: www.facebook.com/jaatelotehdas/
Vikinraitti 8, 33880 Lempäälä
Tel. +358 40 072 9481
pipsa@jaatelotehdas.fi
jaana@jaatelotehdas.fi
Instagram: [@tampereenjaatelotehdas](https://www.instagram.com/tampereenjaatelotehdas)
www.jaatelotehdas.fi

Cafe Linkosuo

Cafe Linkosuo by the central square of Ideapark shopping centre is open on weekdays from 10 am to 8 pm, on Saturdays from 10 am to 6 pm, and on Sundays from 12 noon to 6 pm.
Ideaparkinkatu 4, 37570 Lempäälä
Tel. +358 20 770 2482
ideapark@linkosuo.fi
www.linkosuo.fi/kahvilat

Explore the charming summer cafés on our website visitlempaala.fi.



RESTAURANTS

Bistro Kynsilaukka, Vaihmalan Hovi

A relaxed, rustic restaurant, Bistro Kynsilaukka is the perfect place to enjoy some time together eating and drinking. The seasonally changing menu features small dishes, cakes and pastries and delicious bistro-style meals. Real home-made lunch is served on weekdays and Sundays. The banquet service offers elegant catering for celebrations and events, tailored to the customer's wishes.
Vaihmalanatie 144, 37500 Lempäälä
Tel. +358 20 7661 810
myynti@vaihmalanhoivi.fi
www.vaihmalanhoivi.fi

Flemms

Flemms restaurant is located in the Lempäälä-talo complex. The kitchen uses the best, freshest produce of the season. The delicious lunch buffet includes a mixed starter salad, a choice of two main courses, and a side of potatoes or vegetables. It also has a soup option. Dessert is coffee or tea with something small and sweet. Come and have lunch at Flemms! Open on Monday to Saturday, 10 am to 2.30 pm.
Manttaalitie 15 (building C, entrance C3), 37500 Lempäälä
Tel. +358 44 980 4088
ravintola@flemms.fi

Villa Hakkari gourmet restaurant

The restaurant offers wonderful food experiences in the beautiful Hakkari manor setting. Well-known chef, Arto Rastas, is in charge of this genuine gourmet restaurant, which uses local produce and some ingredients from the kitchen's own garden. We are open on request – ask us for a quote and together we can create an event that is tailor-made to your wishes.
Kuokkalantie 5, 37550 Lempäälä
p. +358 10 325 3091
ravintola@villahakkari.fi
www.villahakkari.fi

Kotipizza

Himminpolku 1, 37500 Lempäälä
Tel. +358 3 3752829
www.kotipizza.fi/ravintolat

Neste Mantunkulma service station

The service station offers buffet lunch on weekdays and weekends, fast food from Rolls, and an extensive menu from its own kitchen: pizzas, wings, schnitzels, etc. Baked goods and snacks are available from its café.
Puistokatu 2, 37500 Lempäälä
Tel. +358 3 375 0010
www.mantunkulma.fi

Pizzeria Kebab Bene

Tampereentie 12, 37500 Lempäälä
Tel. +358 3 3753829

Pizzeria Picasso

Tampereentie 2, 37500 Lempäälä
Tel. +358 45 6165110

Pub Sääksville

An easy-going local pub, open from 9 am till late.
Pitkähahtentie 1, 33880 Lempäälä
Tel. +358 10 420 6111
saaksville@gmail.com

Restaurants in Ideapark shopping centre

Ideapark offers over 20 different cafés and restaurants where you can take a relaxing break from shopping. It's also a good place for international kitchens or local specialties.
Please check the website:
lempaala.ideapark.fi for more details.

Jokiranta Restaurant

Delicious pizzas, burgers and chicken wings.
Tampereentie 288, 37560 Lempäälä
Tel. +358 3 367 7205

Sääksjärven lounaskahvila

The lunch café in Sääksjärvi offers varied lunches every day.
Pitkähahtentie 1, 33880 Lempäälä
Tel. +358 34 102 3038

Sääksjärven Pizza-Kebab

Pitkähahtentie 1, 33880 Lempäälä
Tel. +358 3 367 0711
www.sääksjärvenpizzakebab.fi

Teboil Lempäälä service station

Buffet lunch on weekdays, fast food from Scanburger and café.
Pirkkalantie 2, 37550 Lempäälä
Tel. +358 50 3503154
www.teboil.fi

Teboil Pirkanhovi service station

The service station has a quick-stop Shop&Deli, as well as a range of restaurant options. It offers a buffet-style lunch, à la carte meals and Rolls burgers every day. It is located on the Helsinki-Tampere motorway.
Kelhontie 254, 37500 Lempäälä
Tel. +358 20 470 8744

Villihanhi Restaurant

Restaurant and entertainment venue right in the heart of Lempäälä.
Tampereentie 4, 37500 Lempäälä
Tel. +358 10 592 0120
villihanhiravintola@gmail.com
www.villihanhiravintola.fi

Välibaari

A pub in the heart of Lempäälä, where live bands create a party atmosphere. Come and play a round of billiards!
Tampereentie 10, 37500 Lempäälä
Tel. + 358 3 375 0707



THINGS TO DO

There is plenty to do in Lempäälä. Take a hike, float down a river, or shop till you drop.
No-one will be bored here!



Birgitta Trail

The Birgitta Trail (p. 7) is a trekking route that allows you to experience the nature and cultural history of Lempäälä. The diversity of the Birgitta Trail is wonderful for either short strolls or longer hikes.

The trail offers ample opportunities to take a break and make a campfire, including huts and typical Finnish 'laavus' – lean-tos – for overnight camping. Pick up a map of the Birgitta Trail from Ideapark or the Lempäälä-talo complex, or print one off from the visitlempaala.fi website.

EQUIPMENT RENTAL AND SAFARIS IN LEMPÄÄLÄ

Floating Team Koskikellujat – water activities and sauna

Experience the flowing rapids in floating suits at Lempäälä Kuokkalankoski. River floating is great fun – for companies, groups of friends, bachelor/bachelorette parties or even couples! Afterwards, relax in the sauna or the open-fire lean-to on the bank of the Kuokkalankoski stream. Services: River floating, ice floating, sauna, meeting room for 20 people, catering service.
koskikellujat@gmail.com
Tel. +358 40 717 1412
www.koskikellujat.fi

Green Trail - Vihreä Polku - nature activities

Vihreä Polku hosts nature activities and adventures at the Merunlahti nature activity centre. Examples are high-rope adventure courses, canoeing, tournaments, snowshoe excursions, and hiking.

Koipitaipaleentie 150, Sääksjärvi, Lempäälä

tel. +358 40 7600 172

info@vihreapolku.fi

www.vihreapolku.com

Hyvinvointistudio Kehotus – well-being studio

The well-being studio offers all kinds of activities. Examples are SUP boarding (paddleboarding), fat biking, excursions and guided tours.

www.kehotus.fi, info@kehotus.fi

Piellokas

Piellokas offers forest and nature treks, canoeing, rock climbing, snowshoe walks, nature and adventure excursions, geocaching and gold panning.

Tikinmaantie 65, 37630 Valkeakoski

tel. +358 40 511 1294

info@piellokas.fi, www.piellokas.fi

Retki-Iloa

Retki-Iloa offers snowshoe excursions, guided wildlife and nature tours, and forest trips in Lempäälä, as well as many other nature destinations in Pirkanmaa. Companies' nature-themed 'well-being at work' days are popular at Retki-Iloa.

Tours are available in Finnish and English.

Tel. +358 401274939

retkiiloo@retkiiloo.fi

www.retkiiloo.fi

Seikkailusyke – adventure activities

Seikkailusyke offers adventure activities for businesses, groups of friends, students, and school groups.

Activities include team-building exercises, fun and games, canoeing in kayaks on lakes and rapids (including equipment rental, rock climbing and mountain biking).

Our guides are safe and experienced – book anything from a one-day hike to longer excursions!

Tel. +358 40 079 8136 / Seppo Mäkinen

seppo@seikkailusyke.fi

www.seikkailusyke.fi

Siberian Husky Picnic - Gegwen Getaways

(The kennel is open only in winter.)

Husky Picnic: This includes a visit to the kennel, husky ride, hot juice and coffee by an open fire inside a tepee-style hut. You can also make friends with the huskies, take photographs and sit by the fire for your picnic.

info@gegwen.com

www.gegwen.com

Tandem-bike rental

Sportia Matti is a sports equipment store in the centre of Lempäälä that rents tandem bikes. Jump on with a friend and enjoy a tour of Lempäälä's beautiful nature and sights!

Tampereentie 24, 37500 Lempäälä

Tel. +358 3 3750 855

matti@sportiamatti.fi

www.sportiamatti.fi

Kuokkalankoski fishing area

The Kuokkalankoski rapids are the most popular fishing grounds in the Pirkanmaa region. Rainbow trout, salmon trout, whitefish, asp, pike and pike-perch are among the species that people most often catch in Lempäälä. The most popular fishing spots are at Herralankoski and Kuokkalankoski.

Fishing permits

Fishing on state-owned waters requires a fishing permit, which can be easily purchased online.

General information on fishing permits: www.eraluvat.fi/en/fishing/fishing-permits

Information on fishing in and around Lempäälä.

www.kuokkalankosket.fi

Go Fishing

Unforgettable fishing trips in Lempäälä.

Catch pike, pike-perch, perch and asp, rainbow trout, landlocked salmon and brown trout. Fishing options include trolling, jigging and ice fishing as well as flyfishing in the well-known Kuokkalankoski rapids and crabbing tours in August–October.

Boats and equipment are included in the basic fishing trip package.

www.gofishing.fi

kalakivi@hotmail.com

Tel. +358 45 142 3203

RR Fishing

Fishing trips and guide services.

Riku Rajala

tel. +358 44 277 0750

guide.rrf@gmail.com

www.rrffishing.fi

Traditional Finnish dancing – Nurmi dance hall

Lempäälä's Nurmi dance hall is one of the most traditional and oldest dance halls in Finland. Over the years, many of the best European popular music stars have performed here.

Nurkkilantie 2, 37500 Lempäälä

www.lcempaala.fi

Entertainment Center Viihdekeskus in Ideapark shopping centre

The entertainment centre has indoor go-carting, bowling, mini golf and a Skidipark amusement area for children.

Ideaparkinkatu 4, 37570 Lempäälä

info@viihdekeskusideapark.fi

Tel. +358 10 3844 841

www.viihdekeskusideapark.fi

Hiisi-Golf

Many options to practise and play! The Hiisi-Golf six-hole 'Hiisi' golf course does not require a green card, but the nine-hole 'Farmi' golf course does.

The partly covered range and area for practising has putting and chipping greens. A 300-metre range can be found 0.5km from the Hiisi golfclub.

Vaihtalantie 120, 37500 Lempäälä

Office in summertime

Tel. +358 3 375 3868

www.hiisi-golf.fi

Vesimaailma Louhi – spa for the whole family

You've never experienced a spa like this before! Vesimaailma Louhi is located more than 30 meters below Ideapark shopping centre, excavated in the bedrock. In this modern and accessible water world, you can enjoy a variety of pools, including a 25-meter main pool, multipurpose pool, children's wading pool, and pools for water running and swimming lessons. Relax in the jacuzzi, massage pool, cold pool, and saunas, or head to the water slide for some fun. Accessibility and energy efficiency have been carefully considered in Louhi.

<https://vesimaailmalouhi.fi>

CANAL ROUTE AROUND LEMPÄÄLÄ

Paddle or row the beautiful 10 km route around Lempäälä island! The Herralankoski and Kuokkalankoski rapids are among Finland's best-known fishing destinations. They have several fishing piers, campfires and a hut. For safety, an alarm system has been built: a paddler coming into the rapids can pull the ring, alerting fishermen with a beep below the dam and a warning light.

More information about the route:
visitlempaala.fi

Lempäälä canal

The Lempäälä canal is located in the centre of Lempäälä and was built between 1867 and 1874. Finland's first contemporary timber rafting and regulatory canal was renovated to its current form around 50 years ago. The canal, which connects the Pyhäjärvi and Vanajavesi lakes, is 1275 metres long and its locks are used up to 3000 times a year. The canal operates on the principle of self-service. In addition to Silverline's ferries, numerous leisure boats sail along this popular inland water route.

Lempäälä beach

The beach area has two pontoons, two saunas, dressing rooms and toilets. There are also beach volley-ball court and football field, a children's playground and summer café (kiosk) open according to weather.

Ice swimming is possible in the winter. Although the beach is supervised by lifeguards, swimmers and parents should remember that this does not substitute parents' responsibility for their own children's safety. The area is closed from 10 pm to 6 am.

Nokkatie 5A, 37500 Lempäälä



Myllyranta park

Myllyranta park is a place where associations and residents alike can arrange public events during the summer. The park is situated next to the Pyhäjärvi lake, near the St. Birgit Memorial Church and can also be accessed by boat. It has an ice cream stall, a mini golf course and is a lovely place for a picnic. It also has a campfire site that anyone can use freely, as long as they bring their own firewood. Myllyranta jetty has 4-5 places for guest boats near the centre of Lempäälä. Kirkkopolku 13, 37500 Lempäälä

Hääkivi - area

The Hääkivi ("Wedding rock") area (Turuntie 628) is located along the Birgitta trail, close to the centre of Lempäälä and is easily accessible from the Lempäälä railway station (1.3 km). It is named after some rocks into which the boat of a wedding party is said to have crashed, with devastating consequences. The area has beach volleyball courts, a pier and a barbecue area. It has easy water access to the Canal Route and you can walk to the Birgitta trail. Paddling and canoeing services on request.

Horse riding

Ratsuniitty horse riding school

A riding school approved by the Equestrian Federation of Finland with indoor and outdoor arenas and a cross-country equestrian jumping course. Vaihtalantie 145, 37500 Lempäälä lempaala.ratsastus@gmail.com Tel. +358 40 542 2631 www.ratsuniitty.net

Pirkanmaan ponitalli riding school

Pirkanmaan ponitalli is a riding school at Peltö-Einola farm. For winter and bad weather we have a large indoor arena. In the summer we use a large outdoor arena. Inniläntie 241, 37500 Lempäälä peltoeinola@gmail.com johanna_laaksonen@hotmail.com Tel. +358 45 114 5202 hopoti.com/fi/stable/ Pirkanmaanponitalli

Lempäälän ratsastuskeskus riding centre

A high-quality riding centre close to Ideapark. Full-board places for 26 horses. Tuljamontie 195, 37550 Lempäälä christa@stable.fi Tel. +358 40 561 2480 www.lempaalanratsastuskeskus.fi

Disc Golf Courses

Hakkari DiscGolfPark

The DiscGolfPark has an 18-hole, relatively challenging course with several up- and downhill holes. Kapteenienkatu 5, Lempäälä

Tutkatalo frisbee golf course

Tutkatalo's eight-hole course is designed for players of all levels. Linnajärventie 79, Lempäälä

Mäyriä DiscGolfPark

This twelve-hole course is in the forest beside the lake in the Mäyriä recreation area. Vanha rantatie 105, Lempäälä



Lempäälä has so much for you to see and learn! Historical buildings, bird-watching, art galleries, luxury cars or retail therapy – Lempäälä has it all.

Kuokkala museum road

Even children enjoy walking the Kuokkala museum road. In addition to the interesting small museums, the area's attractions include the adjacent botanical garden.

The Museum road is open during summertime but is closed for Midsummer.

The entrance fee includes a one-hour guided museum tour.

Kuokkalantie 14, 37500 Lempäälä
Tel. +358 50 477 3102

Read more about Kuokkala museum road on page 5!

You can explore the museum area the using the Citynomadi mobile app. For more information, see www.citynomadi.fi

St. Birgit Memorial Church

The unique, grey stone medieval church was built at the beginning of the 16th century and was named after its patron saint, Swedish Saint Birgit. In the summer the church is a 'road church' and is open on weekdays. Road churches are churches that are kept open for tourists during the summer holiday season in Finland and in other Nordic countries.

Kirkkopolku 1, 37500 Lempäälä

Read more about St. Birgit Memorial Church on page 4!

Observation towers in Lempäälä

Ahtialanjärvi observation tower

Ahtialanjärvi lake has the greatest variety of birds of all the lakes in the Tampere region. It covers 168 hectares. Ahtialanjärvi is a nationally important lake in the national Natura 2000 conservation programme. The observation tower is located near the centre of Lempäälä. It is also part of the nationally treasured FINIBA (Finnish Important Birds) area.

Mattila observation tower

TEMPORARILY CLOSED FOR RENOVATIONS.

The Mattila observation tower was built in 1999 by locals and is located at the highest point of the hill. It has a campfire site and offers an amazing view of Lempäälä, all the way to the cities of Valkeakoski and Tampere. The Birgitta trail passes by the tower.

Virta campus observation tower

On the shore of Ahtialanjärvi lake, just next to the Virta campus, is another observation tower. It also operates as a bus stop. It represents one of the ways in which the school has wanted to bring nature closer to pupils.

Pirunlinna

Pirunlinna (Devil's castle) is an ancient, approximately 1000-year-old castle area. Signs of modern-day fire-making have also been found on the hilltop, showing that the castle has been in use for a long time. The area is stony, and the northern hillside is steep. Over time, the stone wall has lost its height. People believed that the castle was built by devils, hence its name (piru=devil, linna=castle). On the northern side of the hill is a cave-like recess called pirunpesä (pesä=nest, i.e., devil's nest), which consists of erratic boulders. A path runs from Kulju to the hill. It has signposts at the beginning, but it is overgrown in some places, and the terrain is stony. You can get fairly close to the sight by car.
Hirvenkuruntie 149, 37560 Lempäälä

PiiPoo Cultural Centre

Accessible cultural services for all in Ideapark! PiiPoo's community art and art education offers equal opportunities for everyone to participate in cultural life and art. PiiPoo Cultural Centre is accessible to wheelchair users.
www.kulttuuripiipoo.fi
Ideaparkinkatu 4, 37570 Lempäälä

Taitokeskus

Arts and crafts

Taitokeskus Lempäälä is located in an idyllic old railway station in the centre of Lempäälä. In the atmospheric environment of the old station, you can practice handicrafts or buy materials and Lempäälä souvenirs.

Asematie 6, 37500 Lempäälä

Tel. +358 50 414 6756

lempaala@taitopirkanmaa.fi

www.taitopirkanmaa.fi

Ten Art

Art centre with more than 1000 art objects: paintings, graphics, art glass, ceramics, a naïve art section, an art exhibition of the Golden Age of Finnish art and textile art. Kehyspalvelu Alantyyli, a company that frames pictures, also operates at the art centre. Ideaparkinkatu 4, 37570 Lempäälä
Tel. +358 40 5210 543
info@taidesaikkonen.fi
www.tenart.fi





SHOPPING

The Ideapark shopping centre

Ideapark shopping centre is located in the Marjamäki area of Lempäälä. The shopping paradise houses more than 150 shops, restaurants and cafés, and hosts a multitude of events, making it the most popular tourist destination in Lempäälä.

The centre offers excellent shopping, and its diverse events, cafés and restaurants cater for the needs of all the family.

Ideaparkinkatu 4, 37570 Lempäälä

Tel: +358 29090 2014

Email: info@ideapark.fi

www.lempaala.ideapark.fi

Luxury Collection Automobiles

Ferrari, Lamborghini, Maserati, Bentley, McLaren. Luxury Collection Automobiles is a Finnish luxury and super car dealer and service. Our speciality is new cars, but we also provide the finest used, low-mileage vehicles from the luxury and premium car segment. Our collection boasts over 100 vehicles.

Luxury Collection Automobiles is currently the largest luxury and super car retailer in Finland. It is located in the Lempäälä Marjamäki area, but our service model means we can meet the customer wherever they are.

Real Park (Next to Ideapark)

Areenakatu 4, 37570 Lempäälä

tampere@luxurycollection.fi

www.luxurycollection.fi

www.facebook.com/luxurycollectionautomobiles/

Dammenberg chocolate factory

Dammenberg is a family-run chocolate factory in Lempäälä's Sääksjärvi. It produces more than 800 chocolate items. The factory has its own chocolate boutique where you can buy their delicacies at a special price.

Gredon Invest Oy / Dammenberg

Varastotie 1, 33880 Lempäälä

Tel. +358 3 367 0080

myynti@dammenberg.fi

www.dammenberg.fi





TOURIST INFORMATION

Visit Lempäälä

tel. +358 50 383 9068

matkailu@lempaala.fi

www.visitlempaala.fi

Instagram: visitlempaala

Lempäälä-talo complex, Service Lobby
(Palveluauula)

Manttaalitie 15, 37500 Lempäälä, Finland

(building C, entrance C1)

open Monday to Tuesday 8 am–7 pm (digital

services only from 6 pm to 7 pm) and

Wednesday to Friday 8 am–6 pm

Visit Tampere

visittampere@visittampere.fi

www.visittampere.fi

LEMPÄÄLÄN-VESILAHDEN MATKAILUOPPAAT LEMPÄÄLÄ-VESILAHTI TOUR GUIDES

Lempäälä tour guides offer guided tours in the summer.

You can also book a tailor-made tour for a specific group.

<https://lempaalan-vesilahden-matkailuoppaat.fi/>

tel. +358 40 757 4356

lempaalanvesilahden.oppaat@gmail.com

EVENTS

See current events:

tapahtumat.lempaala.fi

